

# Clutter – Hoarding Scales

[life-pod.co.uk](http://life-pod.co.uk)





# Clutter Image Rating Scale

Used with permission from  
TreatmentsThatWork™ and OUP



1



2



3



4



5



6





# Clutter Image Rating Scale

[adapted from source:  
TreatmentsThatWork™ and OUP]

Using the 3 series of pictures (Living Room, Bedroom and Kitchen), please select the picture that best represents the amount of clutter for each of the rooms in your home.

Select the picture that is closest to being accurate, even if it is not exactly right.

Room number of closest corresponding picture (1-9).

Living Room	Bedroom #1	Bedroom #2	Kitchen

Rate other rooms in your house that are affected by clutter on the lines below. Use the Living Room pictures to make these ratings.

Bathroom	Hallway	Attic	Garage



# ICD Clutter – Hoarding Scale<sup>©</sup>



Level	Colour	Level of Clutter – Hoarding
I	GREEN	LOW
II	BLUE	GUARDED
III	ORANGE	ELEVATED
IV	YELLOW	HIGH
V	RED	SEVERE



# ICD Clutter – Hoarding Scale<sup>©</sup>

## Structure and zoning

Assessment of access to entrances and exits; function of plumbing, heating and electrical systems and appliances, and structural integrity

## Animals and pests

Assessment of animal care and control; compliance with local animal regulations; assessment for evidence of infestations of pests (rodents, insects or other vermin)

## Household functions

Assessment of safety, functionality and accessibility of rooms for intended purposes

## Health and safety

Assessment of sanitation levels in household; household management of medications for prescribed and/or over-the-counter drugs

## Personal protective equipment (PPE)

Recommendations for PPE (face masks, gloves, eye shields or clothing that protect wearer from environmental health and safety hazards)